

Restraint Policy: Evidence Base and Further Guidance

- Mental Welfare Commission - Rights Risks and Limits to Freedom
- Royal College of Nursing "Let's Talk About Restraint"
- Royal College of Nursing Restrictive Physical Intervention and therapeutic holding for children and young people
- Adults with Incapacity (Scotland) Act
- Human Rights Act
- Mental Welfare Commission – The Use of Seclusion Guidance on Good Practice
- Independent inquiry into the death of David Bennett
- NHS Scotland CRAG Engaging people observation of people with acute mental health problems, a good practice statement
- National Care Standards
- Alzheimer Scotland
- Nursing and Midwifery Council Code of Conduct
- Age Concern Rights for Real: Older People, Human Rights and the CEHR
- Care Commission and Mental Welfare Commission Remember I'm still me

NHS Lothian Management of Aggression Team can also give advice and guidance regarding training, risk assessment and any other aspects of incident management.

This policy should be read in conjunction with:

- NHS Lothian Management of Violence and Aggression Policy
- NHS Lothian Safe Use of Medicine Policy
- NHS Lothian Obtaining Informed Consent Policy/Procedure

- NHS Lothian Protocol for Using Bedrails Safely and Effectively - Adult inpatients
- NHS Lothian Protocol for Using Bedrails Safely and Effectively - Adults patients in the community
- NHS Lothian Policy for Translation and Interpreting

Appendix B: Restraint Risk Assessment



Management of Aggression Team

Restraint Risk Assessment	
Patient Name:	
CHI :	
Describe the behaviour the patient is displaying and the risks it presents:	
Please detail assessment of underlying and contributing factors:	
Alternatives to restraint that have been considered and/or implemented:	
Plan for intervention using restraint:	

What are the potential risks for the patient or others associated with the above plan?

Are there any resource requirements associated with this plan?

Staffing:

Equipment :

Training:

Other:

Who had been involved in the consultation regarding this plan?

When will this plan be reviewed, who will be involved?

Signed:

Print:

Date: